

# *Your Benefit Options Newsletter*



*Retirees ∞ September 2006*

## **Mark Your Calendars For Open Enrollment!**

Open Enrollment for Retirees and Long-Term Disability members is October 2, 2006 through October 27, 2006. If you are satisfied with your health, dental, or vision benefits, you do not need to do anything! Your benefits will remain the same. New premium rates will begin effective January 1, 2007.

Look for your Open Enrollment packet in late September. The envelope will have the state seal in the left corner and will be marked "urgent."

***Open Enrollment for Retirees and  
Long-Term Disability members is  
October 2, 2006 through October 27, 2006.***

## **Need Help Locating A Medical Provider Or Want To Know More About A Network?**

You can access this information online or call the network to receive the latest information on physicians and medical facilities:

- For information on providers or facilities within the Arizona Foundation, Beech Street, RAN+AMN, and Schaller Anderson Healthcare networks, call Harrington Benefit Services at 888.999.1459 or view providers online at [www.myazhealth.com](http://www.myazhealth.com).
- For information on providers of facilities within the UnitedHealthcare network, call UnitedHealthcare at 800.896.1067 or log on to [www.myuhc.com](http://www.myuhc.com).

## Ways To Enroll

You will have two options to enroll:

- Online enrollment through the new Y.E.S. internet site OR
- An enrollment form will be enclosed in your Open Enrollment materials

To access the Open Enrollment system, you will go to [www.retyes.az.gov](http://www.retyes.az.gov). If you are a first time user, you will need to register and click on the "First Time User" link and follow the instructions. You will need your Employee Identification Number (EIN). If you do not know your EIN, you may call Benefit Options and they can provide that information to you. Once you have logged onto the Y.E.S. system, select the Open Enrollment option on the Y.E.S. home page. The [www.retyes.az.gov](http://www.retyes.az.gov) web site will be available beginning October 2, 2006.

To make sure your online enrollment is successful, you must turn off any pop-up blockers on your computer. Pop-up boxes will appear with important information and instructions. Complete instructions will be provided in your Open Enrollment packet.

Members who do not have access to a computer or who do not wish to enroll online will be able to complete an enrollment form. A form will be provided in the Open Enrollment packet. The enrollment form must be postmarked by the U.S. Post Office by October 27, 2006.

## Wellness

*Being healthy one moment is one thing. Staying healthy over the long run is yet another...*

This is why one of the healthiest benefits for State of Arizona retirees is the Wellness Program, Benefit Options Wellness. Although the Wellness Program is targeted to employees, retirees are eligible to participate at scheduled worksite events as well. The Wellness Program offers health education, screenings and more.

Wellness services are available at low or no-cost and are provided by contracted professionals who travel the state to provide health education or screening services at worksites.

To find out more information and what events are scheduled near you, visit the web site at [www.benefitoptions.az.gov/wellness](http://www.benefitoptions.az.gov/wellness).

benefit.  
options  
**wellness!**  
**Be Well** Stay Well.

## 2006 Flu Vaccine Program

Benefit Options Wellness Program will again be sponsoring free flu shots for State retirees and their spouses enrolled in the Benefit Options health plan. Retirees and spouses must bring their Benefit Options insurance ID card and know their (or their spouses) EIN (Employee Identification Number) without exception in order to receive a free flu shot.

The program will start in late October and run through November. Flu vaccine events will be held at worksites and family flu shot community locations. Location and dates are currently being secured. A complete list of locations and dates will be available in late September on the Benefit Options web site, [www.benefitoptions.az.gov/wellness](http://www.benefitoptions.az.gov/wellness).

## Benefit Fairs

Benefit Options will conduct benefit fairs during October in Phoenix, Tucson, and Flagstaff. Benefit fairs give members a chance to meet and discuss benefit questions with representatives of the network plans.

### *Retiree Open Enrollment Benefit Fairs*

Date	Time	Address	Audience
Monday October 2	9:00 - 1:00	ADOA 100 N 15th Ave, Suite 300 Phoenix, AZ	State Retirees and LTD Members
Thursday October 5	9:00 - 1:00	ADOA 100 N 15th Ave, Suite 300 Phoenix, AZ	State Retirees and LTD Members
Wednesday October 11	9:00 - 1:00	ADOA Tucson 400 W Congress North Building - Rm 444 Tucson, AZ	State Retirees and LTD Members
Friday October 13	9:00 - 1:00	ADOT 1901 S Milton Flagstaff, AZ	State Retirees and LTD Members
Monday October 16	9:00 - 1:00	ADOA 100 N 15th Ave, Suite 300 Phoenix, AZ	State Retirees and LTD Members
Friday October 20	9:00 - 1:00	ADOA 100 N 15th Ave, Suite 300 Phoenix, AZ	State Retirees and LTD Members

## More Information Coming Soon!

In the coming months, you will receive an Open Enrollment packet that will provide information on network options, benefit premiums, and enrollment details. This packet will contain everything you need to make the right decision for you and your family for the upcoming plan year beginning January 1, 2007.

## Are You Up To Date?

**Does the Benefits Office have your most recent address?** If this newsletter was forwarded to you, chances are we do not. Please contact your agency HR liaison to update your address.

*Please note: Open Enrollment will utilize your current Employee Identification Number (EIN) – NOT your social security number! You can find this number below your name on your payroll check stub. If you need assistance, please call 602.542.5008 or 800.304.3687.*

**[www.benefitoptions.az.gov](http://www.benefitoptions.az.gov)**

**BENEFIT OPEN ENROLLMENT INFORMATION**

**RETURN SERVICE REQUESTED**

Arizona Department of Administration  
100 N. 15th Avenue, Suite 103  
Phoenix, AZ 85007  
602.542.5008  
800.304.3687